

## **Embrun Family Centre**

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# **April 2024**

www.groupeaction.ca				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Family Centre will be closed for Easter Monday Happy Easter!	2 9:00 - 11:00 am Learn Through Play 24 months and under Autism awareness activities Watch me grow	3 9:00 - 10:00 am C.A.R Registration required 10:00 – 11:00 am Zumbini Registration required	4 9:00 - 11:00 am Learn Through Play House Committee (Members only)	5 9:00 - 11:00 am Learn Through Play Reading & recipes
9:00 - 11:00 am Learn Through Play Ramadan Special activities  1:00 to 3:00 pm Developmental and behavioral screening clinic by appointment only	9 9:00 - 11:00 am Learn Through Play 24 months and under Make and take Watch me grow  12:30 - 2:30 pm Off To School We Go Community (ENG) Registration required	9:00 - 10:00 am C.A.R Registration required 10:00 - 11:00 am Zumbini Registration required  12:30 - 2:30 pm En route vers l'école Communautaire (FR)	9:00 - 11:00 am Learn Through Play 24 months and under Crazy kitchen	9:00 - 11:00 am Learn Through Play Literacy day
9:00 - 11:00 am Learn Through Play My backpack  1:00 to 3:00 pm Developmental and behavioral screening clinic by appointment only	16 9:00 - 11:00 am Learn Through Play 24 months and under Loose parts Watch me grow  12:30 - 2:30 pm Off To School We Go Community (ENG) Registration required	9:00 - 10:00 am C.A.R Registration required 10:00 - 11:00 am Zumbini Registration required 12:30 - 2:30 pm En route vers l'école Communautaire (FR)	9:00 - 11:00 am Learn Through Play 24 months and under Nursery rhyme time 12:30 - 2:30pm En route vers l'école Pavillon St-Jean	9:00 - 11:00 am Learn Through Play 1, 2, 3 Let's count! Centre Novas
9:00 - 11:00 am Learn Through Play Earth day special activities Registration required  1:00 to 3:00 pm Developmental and behavioral screening clinic by appointment only	9:00 - 11:00 am Learn Through Play 24 months and under Sensory fun Watch me grow  12:30 - 2:30 pm Off To School We Go Community (ENG) Registration required	9:00 - 10:00 am  C.A.R Registration required 9:00 - 10:00 am  Introduction to solid foods (English) Myriam Dagenais / Teams platform Registration required 10:00 - 11:00 am  Zumbini Registration required  12:30 - 2:30 pm En route vers l'école Communautaire (FR)	9:00 - 11:00 am Learn Through Play 24 months and under Messy day	9:00 - 11:00 am Learn Through Play Having fun with science
9:00 - 11:00 am Learn Through Play Sensory fun  1:00 to 3:00 pm Developmental and behavioral screening clinic by appointment only	30 9:00 - 11:00 am Learn Through Play 24 months and under Baby parachute fun Watch me grow  12:30 - 2:30 pm Off To School We Go Community (ENG) Registration required			

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#### 1.2.3 Let's count!

This numeracy workshop reinforces their skills and allows children to explore concepts through games and activities.

#### Baby parachute fun

Come and explore something new, with some parachute fun for the baby and you while singing songs and rhymes.

#### Crazy kitchen

A new way to discover how our kitchen tools can be used to create different games.

#### Having fun with science

A workshop that allows children to learn new scientific experiences while nourishing their natural curiosity.

#### House committee

Meeting to exchange ideas and suggestions to improve the services offered to families.

J.E.E.P. / C.A.R.: Different fun exercises to do with your baby/child.

#### Learn through play and Learn through play 24 months and under

Come and have fun with your children while promoting their physical, social, emotional, cognitive and language development. A great opportunity to exchange with other parents and socialize with people from your community.

#### Literacy day

Children discover the alphabet through fun and interactive activities that stimulate curiosity towards literacy.

#### Loose parts

Loose parts are materials that can be moved, carried, combined, redesigned, lined up, taken apart and put back together in multiple ways.

#### Make and take

This children's workshop will let them create a special craft to bring home.

#### Messy day

It's time to take the paint out and initiate children to different colours!!

#### Move and grow

Come develop your child's gross motor capabilities through a variety of activities using muscles and motor abilities.

#### My backpack

Families will choose a backpack which includes activities that stimulate your child's literacy skills, imagination, and creativity.

#### Nursery rhyme time

Join this workshop of Songs and Rhymes to please your little ones.

#### Off to school we go

This animation workshop offers continuing support for young children entering kindergarten in creating a partnership between families, school and community. The objective of this workshop is to facilitate the transition to school.

#### Reading & recipes

Storytelling followed by a recipe.

#### Sensory fun

Sensory activities that help children learn new sensory experiences while nourishing their natural curiosity.

#### Watch me grow

This service helps families track their young child's growth and development. It's a developmental screening, assessment, referral, and education service for families of young children from birth up to the age of 6 years old. https://eohu.ca/en/classes-clinics/watch-me-grow

#### Zumbini

Zumbini® is a program that uses original music and movement to promote cognitive, social, fine/gross motor skills, and emotional development from children aged 0–4, In person.

### Workshop

April 24 from 9:00 am - 10:00 Introduction to solid foods (English): Is your baby ready for solid foods? Do you have questions about introducing solids, food allergies or different approaches to weaning? During this virtual workshop hosted by a clinical dietitian, you will learn about complementary feeding and other baby nutrition topics. Registration required for the Teams link.

