





| MONDAY  | TUESDAY   | WEDNESDAY   | THURDAY  | FRIDAY  |
|---|---|---|--|---|
|    |   |   | 1<br>9:00 - 11:00 am<br>House Committee<br>(members only)<br>12:30 - 2:30 pm<br>Bouts de choux<br>Registration required                                | 2<br>9:00 - 11:00 am<br>Learn Through Play<br>Move and Grow<br>Activities for Black history month<br>First Black sports players                                   |
| 5<br>9:00 - 11:00 am<br>Learn Through Play<br>Reading and recipes<br>11:00 - 11:30 am<br>Babies and Books At the Russell Library<br>1:00 to 3:00 pm<br>Developmental and behavioral<br>screening clinic By appointment only | 6<br>9:00 - 11:00 am Watch me grow<br>9:00 - 11:00 am<br>Learn Through Play 24 months and under<br>Messy Day<br>Activities for Black history month<br>Explore Black history through art<br>12:30 - 2:30 pm Munchkin<br>Registration required. | 7<br>9:00 - 10:00 am<br>C.A.R Registration required.<br>10:00 - 11:00 am<br>Zumbini<br>Registration required<br>12:30 - 2:30 pm Munchkin<br>Registration required.  | 8<br>9:00 - 11:00 am<br>Learn Through Play<br>24 months and under<br>Sensory fun<br>12:30 - 2:30 pm<br>Bouts de choux<br>Registration required         | 9<br>9:00 - 11:00 am<br>Learn Through Play<br>Having fun with science<br>Activities for Black history month<br>Brilliant Scientist                                |
| 12<br>9:00 - 11:00 am<br>Learn Through Play<br>My backpack<br>11:00 - 11:30 am<br>Babies and Books At the Russell Library<br>1:00 to 3:00 pm<br>Developmental and behavioral<br>screening clinic By appointment only        | 13<br>9:00 - 11:00 am Watch me grow<br>9:00 - 11:00 am<br>Learn Through Play 24 months and under<br>Loose parts<br>Activities for Black history month<br>To teach peace and love<br>12:30 - 2:30 pm Munchkin<br>Registration required.        | 14<br>9:00 - 10:00 am<br>C.A.R Registration required.<br>10:00 - 11:00 am<br>Zumbini<br>Registration required<br>12:30 - 2:30 pm Munchkin<br>Registration required. | 15<br>9:00 - 11:00 am<br>Learn Through Play<br>24 months and under<br>Literacy day<br>12:30 - 2:30 pm<br>Bouts de choux<br>Registration required       | 16<br>9:00 - 12:00 pm<br>Outing to the Canada Science and<br>Technology Museum<br>Registration required   |
| 19<br>Family Centre Closed<br>for Family Day<br><br>   | 20<br>9:00 - 11:00 am Watch me grow<br>9:00 - 11:00 am<br>Learn Through Play 24 months and under<br>Make and take<br>Activities for Black history month<br>Alma Woodsey Thomas<br>12:30 - 2:30 pm Munchkin<br>Registration required.          | 21<br>9:00 - 10:00 am<br>C.A.R Registration required.<br>10:00 - 11:00 am<br>Zumbini<br>Registration required<br>12:30 - 2:30 pm Munchkin<br>Registration required. | 22<br>9:00 - 11:00 am<br>Learn Through Play<br>24 months and under<br>Move and grow<br>12:30 - 2:30 pm<br>Bouts de choux<br>Registration required      | 23<br>9:00-11:00 am<br>Centre Novas<br><br>9:00 - 11:00 am<br>Learn Through Play<br>1,2,3 Let's count!<br>Activities for Black history month<br>What is diversity |
| 26<br>9:00 - 11:00 am<br>Learn Through Play<br>Literacy day<br>11:00 - 11:30 am<br>Babies and Books At the Russell Library<br>1:00 to 3:00 pm<br>Developmental and behavioral<br>screening clinic By appointment only       | 27<br>9:00 - 11:00 am<br>Watch me grow 9:00 - 11:00 am<br>Learn Through Play 24 months and under<br>Active kids club<br>Activities for Black history month<br>The power of the music<br>12:30 - 2:30 pm Munchkin<br>Registration required.    | 28<br>9:00 - 10:00 am<br>C.A.R Registration required.<br>10:00 - 11:00 am<br>Zumbini Registration required<br>12:30 - 2:30 pm Munchkin<br>Registration required.    | 29<br>9:00 - 11:00 am<br>Learn Through Play<br>24 months and under<br>1,2,3 let's count!<br>12:30 - 2:30 pm<br>Bouts de choux<br>Registration required |   |

# February 2024



## **Active kids club**

A parent-child workshop to prioritize physical activity.

## **Having fun with science**

A workshop that allows children to learn new scientific experiences while nourishing their natural curiosity.

## **House committee**

Meeting to exchange ideas and suggestions to improve the services offered to families.

## **J.E.E.P. / C.A.R.:**

Different fun exercises to do with your baby/child.

## **Learn Through Play and Learn Through Play – 24 months and under**

Come and have fun with your children while promoting their physical, social, emotional, cognitive and language development. A great opportunity to exchange with other parents and socialize with people from your community.

## **Literacy day**

Children discover the alphabet through fun and interactive activities that stimulate curiosity towards literacy.

## **Loose parts**

Loose parts are materials that can be moved, carried, combined, redesigned, lined up, taken apart and put back together in multiple ways.

## **Make and take**

This children's workshop will let them create a special craft to bring home.

## **Messy day**

It's time to take the paint out and initiate children to different colours!!

## **Move and grow**

Come develop your child's gross motor capabilities through a variety of activities using muscles and motor abilities.

## **Munchkin**

This group workshop offers 3 and 4 year old children the opportunity to acquire the necessary abilities in all aspects of their development.

## **My backpack**

Families will choose a backpack which includes activities that stimulate your child's literacy skills, imagination, and creativity.

## **Reading & recipes**

Storytelling followed by a recipe.

## **Sensory fun**

Sensory activities that help children learn new sensory experiences while nourishing their natural curiosity.

## **Watch me grow**

This service helps families track their young child's growth and development. It's a developmental screening, assessment, referral, and education service for families of young children from birth up to the age of 6 years old. <https://eohu.ca/en/classes-clinics/watch-me-grow>

## **Zumbini**

Zumbini® is a program that uses original music and movement to promote cognitive, social, fine/gross motor skills, and emotional development from children aged 0–4, In person

## **1,2,3 Let's count!**

This numeracy workshop reinforces their skills and allows children to explore concepts through games and activities.

## **Workshops**

**February 7,14,21,28 from 10:00 to 11:00 am - Zumbini class:** Zumbini® is a program that uses original music and movement to promote cognitive, social, fine/gross motor skills, and emotional development from children aged 0–4, In person