



| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|---|---|---|---|---|
|   | <b>Saturday, March 4th</b><br>9:00-11:00<br><b>Learn through play</b><br><b>Messy day</b>   | 1<br>9:00 - 11:00 am<br><b>Learn Through Play</b><br>House Committee<br>(members only)<br>1:30 - 2:30 pm<br><b>Zumbini Class</b><br>Registration required | 2<br>9:00 - 11:00 am<br><b>Learn Through Play</b><br>24 months and under<br>Nurse services<br><br>12:30 - 2:30pm <b>Munchkin</b><br>Registration required   | 3<br>9:00 - 11:00 am<br><b>Learn Through Play</b><br>Having fun with science  |
| 6<br>9:00 - 11:00 pm<br><b>Outside Day</b><br><b>Outdoor rink</b><br>6 Blais St, Embrun<br> | 7<br>10:00 - 11:00 am<br><b>Zumbini Class</b><br>Registration required<br>Backwards day<br><br>12:30 - 2:30pm<br><b>Bouts de choux</b><br>Registration required | 8<br>9:00 - 11:00 am<br><b>Learn Through Play</b><br>for Women's day<br>Pyjama Day<br>1:30 - 2:30 pm<br><b>Zumbini Class</b><br>Registration required     | 9<br>9:00 - 11:00 am<br><b>Learn Through Play</b><br>Nursery rhyme time<br>Twins day<br>12:30 - 2:30pm<br><b>Munchkin</b> Registration required<br>4:30-6:00 pm<br><b>Learn Through Play</b> <b>Healthy snack</b> | 10<br>9:00 - 11:00 am<br><b>Learn Through Play</b><br><b>Special activity and sugar shack breakfast</b><br>Plaid shirt day<br>Registration required<br> |

**The Family Centre will be closed from March 13 to March 17 inclusively.**  
**We will be back on March 20, 2023.**



**March Break**

|  |   |  |  |  |
|--|---|--|--|--|
| 20<br>9:00 - 11:00 am<br><b>Learn Through Play</b><br><b>Special activity</b><br>for St-Patrick's Day<br>Registration required<br> | 21<br>10:00 - 11:00 am<br><b>Zumbini Class</b><br>Registration required<br><br>12:30 - 2:30pm<br><b>Bouts de choux</b><br>Registration required             | 22<br>9:00 - 11:00 am<br><b>En route vers l'école</b><br>Groupe Rivière Castor and St-Jean<br><br>1:30 - 2:30 pm<br><b>Between moms</b>  | 23<br>9:00 - 11:00 am<br><b>En route vers l'école</b><br>Groupe Communautaire<br><br>12:30 - 2:30pm<br><b>Munchkin Celebration</b> Registration required<br>4:30-6:00 pm<br><b>Learn Through Play</b> <b>Sensory fun</b> | 24<br>9:00 - 11:00 am<br><b>Off To School We Go</b><br>Community group (ENG) |
| 27<br>9:00 - 11:00 am<br><b>Learn Through Play</b><br>1,2,3 Let's count!   | 28<br>10:00 - 11:00 am<br><b>Zumbini Class</b><br>Registration required<br><br>12:30 - 2:30pm<br><b>Bouts de choux Célébration</b><br>Registration required | 29<br>9:00 - 11:00 am<br><b>Learn Through Play</b><br><b>My backpack</b><br><br>9:00 - 10:00 am<br><b>Introduction to solid foods (French)</b><br>Catherine Gagnon / Zoom platform<br>Registration required<br><br>1:30 - 2:30 pm<br><b>Between moms</b> | 30<br>9:00 - 11:00 am<br><b>Learn Through Play</b><br>24 months and under<br><b>Baby parachute fun</b>   | 31<br>9:00 - 11:00 am<br><b>Learn Through Play</b><br><b>Make and take</b>   |

# March 2023



## **1,2,3 Let's count!**

This numeracy workshop reinforces their skills and allows children to explore concepts through games and activities.

## **Baby parachute fun**

Come and explore something new, with some parachute fun for the baby and you while singing songs and rhymes.

## **Between moms**

Parents come to talk about various subjects.

## **Having fun with science**

A workshop that allows children to learn new scientific experiences while nourishing their natural curiosity.

## **Healthy snack**

A workshop offered by an educator that includes an activity and a healthy snack. It will be followed by a discussion with parents on how to help children become better eaters.

## **House committee**

Meeting to exchange ideas and suggestions to improve the services offered to families.

## **Learn through play – 24 months and under**

Come and have fun with your children while promoting their physical, social, emotional, cognitive and language development. A great opportunity to exchange with other parents and socialize with people from your community

## **Make and take**

This children's workshop will let them create a special craft to bring home.

## **Messy day**

It's time to take the paint out and initiate children to different colours!!

## **Munchkin**

This group workshop offers 3 and 4 year old children the opportunity to acquire the necessary abilities in all aspects of their development.

## **My backpack**

Families will choose a backpack which includes activities that stimulate your child's literacy skills, imagination, and creativity.

## **Nursery rhyme time**

Join this workshop of Songs and Rhymes to please your little ones.

## **Sensory fun**

Sensory activities that help children learn new sensory experiences while nourishing their natural curiosity.

## **Zumbini**

Zumbini® is a program that uses original music and movement to promote cognitive, social, fine/gross motor skills, and emotional development from children aged 0–4, In person.

## **Workshops**

**March 7, 21 and 28 10:00 am - 11:00 am / March 1st and 8th 1:30 to 2:30 pm: Zumbini Class :** Zumbini® is a program that uses original music and movement to promote cognitive, social, fine/gross motor skills, and emotional development from children aged 0–4