



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| 2 9:00 to 11:30 am and 1:00 to 3:00 pm Developmental and behavioral screening clinic By appointment only | 3 8:30 - 11:00 am Watch me grow 9:00 - 11:00 am Learn Through Play 24 months and under Sensory Fun 12:30pm - 2:30 pm Munchkin *** Registration required | 4 9:00-11:00 Special activity National Seniors Day Registration required | 5 9:00 - 11:00 am Learn Through House Committee (Members only) 12:30 pm - 2:30 pm Bouts de choux *** Registration required | 6 9:00 - 11:00 am Learn Through Play My backpack |
| 9 Family Centre closed for Thanksgiving | 10 8:30 - 11:00 am Watch me grow 9:00 - 11:00 am Learn Through Play 24 months and under Crazy kitchen 12:30pm - 2:30 pm Munchkin *** Registration required | 11 9:00 - 10:00 am Walk and stroll Registration required 9:00-11:00 am Learn Through Play Nursery rhyme time | 12 9:00 - 11:00 am Learn Through Play 24 months and under Messy Day 12:30 pm - 2:30 pm Bouts de choux *** Registration required | 13 9:00 - 11:00 am Learn Through Play Literacy day |
| 16 9:00 to 11:30 am and 1:00 to 3:00 pm Developmental and behavioral screening clinic By appointment only | 17 8:30 - 11:00 am Watch me grow 9:00 - 11:00 am Learn Through Play 24 months and under Baby parachute 9:00 am - 10:00 am Introduction to solid foods (English) Myriam Dagenais / Teams platform, Registration required 12:30pm - 2:30 pm Munchkin *** Registration required | 18 9:00 - 10:00 am Walk and stroll Registration required 9:00-11:00 am Learn Through Play Sensory Fun | 19 9:00 - 11:00 am Learn Through Play 24 months and under Move and grow 12:30 pm - 2:30 pm Bouts de choux *** Registration required | 20 9:00 - 11:00 am Centre Nova 9:00-11:00 am Learn Through Play Having fun with science |
| 23 9:00 to 11:30 am and 1:00 to 3:00 pm Developmental and behavioral screening clinic By appointment only | 24 8:30 - 11:00 am Watch me grow 9:00 - 11:00 am Learn Through Play 24 months and under Nursery Rhyme Time 12:30pm - 2:30 pm Munchkin *** Registration required 4:30 -6:30 pm Language Stimulation Workshop (French) Jonelle Pickard, Speech therapist Registration required | 25 9:00 - 10:00 am Walk and stroll Registration required 9:00 - 11:00 am Learn Through Play My backpack | 26 9:00 - 11:00 am Learn Through Play 24 months and under 1,2,3 Let's count! 12:30 pm - 2:30 pm Bouts de choux *** Registration required | 27 9:00 - 11:00 am Learn Through Play Dress Purple Day |
| 30 9:00-11:00 am Learn Through Play Special Activity Halloween Registration required | 31 8:30 - 11:00 am Watch me grow 9:00-11:00 am Learn Through Play 24 months and under Special Activity Halloween Registration required 12:30pm - 2:30 pm Munchkin *** Registration required | | | |

October 2023



1,2,3 Let's count!

This numeracy workshop reinforces their skills and allows children to explore concepts through games and activities.

Baby parachute fun

Come and explore something new, with some parachute fun for the baby and you while singing songs and rhymes.

Crazy kitchen

A new way to discover how our kitchen tools can be used to create different games.

House committee

Meeting to exchange ideas and suggestions to improve the services offered to families.

Having fun with science

An animation workshop that allows children to discover new scientific experiences while feeding their natural curiosity..

Learning Through Play and Learning Through Play for - 24 months and under

Come and have fun with the children while stimulating their development in the following five areas: cognitive, social, language, emotional and physical. This is a great opportunity to network with other parents and to build relationships with people in the community.

Literacy Day

Children discover the alphabet through a variety of interactive and fun activities while stimulating their curiosity about literacy.

Messy day

It's time to take the paint out and initiate children to different colours!!

Move and Grow

Come and develop your child's gross motor skills through different activities where they will use all their muscles and motor skills.

Munchkin

This group animation workshop offers children aged 3-4 the opportunity to acquire the necessary skills in all areas of their development.

My backpack

Families will choose a backpack which includes activities that stimulate your child's literacy skills, imagination, and creativity.

Nursery rhyme time

Songs and rhymes that will entertain your little ones.

Sensory Fun

Activities that help children learn new sensory experiences while feeding their natural curiosity.

Watch me grow

This service helps families track their young child's growth and development. It's a developmental screening, assessment, referral, and education service for families of young children from birth up to the age of 6 years old. <https://eohu.ca/en/classes-clinics/watch-me-grow>

Workshops

October 17 9:00 am - 10:00 Introduction to solid foods (English) : Is your baby ready for solid foods? Do you have questions about introducing solids, food allergies or different approaches to weaning?

October 24: Language stimulation workshop (French), offered by Jonelle Pickard, Speech therapist In person or on Teams platform, Registration required

Snowsuits: Contact Allison or Stephanie for more information