



MONDAY	TUESDAY	WEDNESDAY 	THURSDAY	FRIDAY
2 <b>The Family Centre is closed for Labor Day</b>	3 9:00 – 11:00 am Learn Through Play The treasure box	4 9:00-11:30 am Learn Through Play 24 months and under Watch Me Grow 10:15 am Nursery Rhyme Time 1:15-3:00 pm Bilingual baby playgroup Baby sign language	5 9:00 - 11:00 am Learn Through Play Youth Developmental Services <b>Healthy snack</b>	6 9:00 - 11:00 am Learn Through Play Move and grow
9 9:00 - 11:00 am House Committee All are welcome	10 9:00 – 11:00 am Learn Through Play The treasure box <b>Evening:</b> 6:15-7:30 pm Learn Through Play	11 9:00-11:30 am Learn Through Play 24 months and under Watch Me Grow 10:15 am Nursery Rhyme Time 1:15-3:00 pm Bilingual baby playgroup Baby sign language	12 9h30-14h Outing to Mountain Orchards Registration required at the Family Centre	13 9:00 - 11:00 am Learn Through Play Move and grow
16 9:00 - 11:00 am Learn Through Play Literacy Day	17 9:00 - 11:00 am Learn Through Play The treasure box 12:30-2:30 pm Bouts de choux	18 9:00-11:30 am Learn Through Play 24 months and under Watch Me Grow Workshop : 10h00 Feeding your baby 10:15 am Nursery Rhyme Time 1:15-3:00 pm Bilingual baby playgroup Baby sign language	19 9:00 - 11:00 am Learn Through Play Youth Developmental Services <b>10:00-11:00 am Triple P Workshop</b> <b>Toilet training</b> <b>Healthy snack</b> 12:30 - 2:30 Bouts de choux	20 9:00 - 11:00 am Learn Through Play Move and grow
23 9:00 - 11:00 am Learn Through Play Literacy Day	24 9:00 – 11:00 am Learn Through Play The treasure box 12:30-2:30 pm Bouts de choux <b>Evening:</b> 6:15-7:30 pm Learn Through Play	25 9:00-11:30 am Learn Through Play 24 months and under Watch Me Grow 10:15 am Nursery Rhyme Time 1:15-3:00 pm Bilingual baby playgroup Baby sign language 13h15 Grocery Store Tour	26 9:00 - 11:00 am Learn Through Play Youth Developmental Services  12:30 - 2:30 Bouts de choux	27 9:00 - 11:00 am Learn Through Play Move and grow
30 9:00 - 11:00 am Learn Through Play Literacy Day	<a href="http://www.EmbrunFamilyCentre.lovablelabels.ca">www.EmbrunFamilyCentre.lovablelabels.ca</a> <b>Fundraiser - Lovable Labels :</b> <b>Please don't forget to order your labels</b>		<b>9:00 - 11:00 am</b> <b>Saturday September 7</b> <b>Learn Through Play</b> <b>Having Fun with Science</b>	

## September 2019



### **Baby sign language**

This four-week workshop will introduce baby sign language techniques to new parents.

Un atelier d'animation de quatre semaines qui introduit les nouveaux parents à utiliser la technique du langage des signes avec leur bébé.

### **Bilingual baby playgroup**

Activities created for babies from birth to 24 months. This playgroup takes place in a playroom adapted to their needs. It offers educational material and introduces different activities to stimulate the child's global development while offering support and resources to parents.

### **Having fun with science**

A science workshop that helps children learn new scientific experiences while nourishing their natural curiosity.

### **House committee**

Meeting to exchange ideas and suggestions to improve the services offered to families.

### **Learn through play and**

#### **Learn through play – 24 months and under**

Come and have fun with your children while promoting their social, emotional, language, cognitive and physical-gross motor-fine motor development. A great opportunity to exchange with other parents and socialize with people from your community.

#### **Literacy Day: Parent/child workshop (0 to 5 years)**

Children discover the alphabet through fun and interactive activities that stimulate curiosity towards literacy one letter at a time.

#### **Move and grow**

Come develop your child's gross motor capabilities through a variety of activities using muscles and motor abilities.

#### **Munchkin**

This school readiness Family Animation Workshop offers 3 and 4 years old the opportunity to acquire the necessary abilities in all aspects of their development to facilitate the transition to school.

#### **Nursery rhyme time**

Join this workshop of Songs and Rhymes to please your little ones.

#### **Lundi en littérature : Atelier parents-enfants de 0 à 5 ans**

L'enfant découvre l'alphabet à travers une variété d'activités interactives et amusantes tout en stimulant sa curiosité envers la littérature une lettre à la fois.

#### **Sunny encounters: Parent/child workshop (0 to 5 years)**

Children discover the alphabet through fun and interactive activities that stimulate curiosity towards literacy one letter at a time.

#### **The treasure box**

Privileged moments strengthen the parent/child bond. During the last hour, a period of exchanges and information is dedicated to parents.

#### **Watch me grow**

An informal drop-in centre for parents of children under the age of 6. Come meet other parents and receive free information and support that will help make parenting easier. A Public Health Nurse is available. [https://www.eohu.ca/classes\\_clinics/watch\\_me\\_grow\\_e.php](https://www.eohu.ca/classes_clinics/watch_me_grow_e.php)

#### **Youth developmental services**

A workshop that aims to enrich and improve the quality of life and living conditions for children from birth and young adults up to 17 who are at risk or with intellectual disabilities so they can progress intellectually, physically and socially in cooperation with their family and service providers in their community.