

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|---|
|  <p>Happy Valentine's Day</p> | | | <p>1</p> <p>9:00 - 11:00 am Watch me grow 9:00 - 11:00 am Learn Through Play 24 months and under Yoga for babies</p> <p>12:30-2:30 pm Munchkin * Registration required</p> | <p>2</p> <p>9:00-11:00 am Learn Through Play Loose parts</p> |
| <p>5</p> <p>9:00 - 11:00 am Learn Through Play Sensory fun</p> | <p>6</p> <p>9:00 - 11:00 am Learn Through Play 1, 2, 3, Let's count!</p> | <p>7</p> <p>9:00 - 11:00 am Learn Through Play House committee All are welcome! Activities for Black history month</p> <p>12h30-14h30 Bouts de choux * Inscription requise</p> | <p>8</p> <p>9:00 - 11:00 am Watch me grow 9:00 - 11:00 am Learn Through Play 24 months and under Yoga for babies</p> <p>12:30-2:30 pm Munchkin * Registration required</p> | <p>9</p> <p>9:00-11:00 am Learn Through Play Move and grow</p> |
| <p>12</p> <p>9:00 - 11:00 am Learn Through Play Make and Take Valentine's Day Activities for Black history month</p> | <p>13</p> <p>9:00 - 11:00 am Learn Through Play Science and construction</p> | <p>14</p> <p>9:00 - 11:00 am Learn Through Play Sensory fun Valentines Day</p> <p>12h30-14h30 Bouts de choux * Inscription requise</p> | <p>15</p> <p>9:00 - 11:00 am Watch me grow 9:00 - 11:00 am Learn Through Play 24 months and under Baby parachute</p> <p>12:30-2:30 pm Munchkin * Registration required</p> | <p>16</p> <p>9:00-11:00 am Learn Through Play Family Day Activities</p> |
| <p>19</p> <p>Closed for Family Day</p> | <p>20</p> <p>9:00 - 11:00 am Learn Through Play Active kids club</p> | <p>21</p> <p>9:00 - 11:00 am Learn Through Play Pedayoga</p> <p>12h30-14h30 Bouts de choux * Inscription requise</p> | <p>22</p> <p>9:00 - 11:00 am Watch me grow 9:00 - 11:00 am Learn Through Play 24 months and under Between moms</p> <p>12:30-2:30 pm Munchkin * Registration required</p> | <p>23</p> <p>9:00-11:00 am Learn Through Play Literacy Day</p> |
| <p>26</p> <p>9:00 - 11:00 am Learn Through Play Having fun with science</p> <p>9h-11h Centre Novas</p> | <p>27</p> <p>9:00 - 11:00 am Learn Through Play Literacy day</p> | <p>28</p> <p>9:00 - 11:00 am Learn Through Play Science and construction</p> <p>12h30-14h30 Bouts de choux * Inscription requise</p> | <p>29</p> <p>9:00 - 11:00 am Watch me grow 9:00 - 11:00 am Learn Through Play 24 months and under Good night moon</p> <p>12:30-2:30 pm Munchkin * Registration required</p> |  |

February 2024



Active kids club

A parent-child workshop to prioritize physical activity.

Between moms

Parents come to talk about various subjects.

Bouts de chou

Cet atelier d'animation de groupes offre aux enfants de 3-4 ans l'opportunité d'acquérir les habiletés nécessaires dans tous les domaines de leur développement.

Goodnight moon

Early Childhood Literacy Animation Workshop in pyjamas. (evening)

Having fun with science

A workshop that allows children to learn new scientific experiences while nourishing their natural curiosity.

House committee

Meeting to exchange ideas and suggestions to improve the services offered to families.

Learn Through Play and Learn Through Play – 24 months and under

Come and have fun with your children while promoting their physical, social, emotional, cognitive and language development. A great opportunity to exchange with other parents and socialize with people from your community.

Literacy day

Children discover the alphabet through fun and interactive activities that stimulate curiosity towards literacy.

Loose Parts

Loose parts are materials that can be moved, carried, combined, redesigned, lined up, taken apart and put back together in multiple ways.

Make and take

This children's workshop will let them create a special craft to bring home.

Move and grow

Come develop your child's gross motor capabilities through a variety of activities using muscles and motor abilities.

Munchkin

This group workshop offers 3 and 4 year old children the opportunity to acquire the necessary abilities in all aspects of their development.

PedaYoga

PedaYoga is a method of body techniques designed to promote movement and the concentration of children.

Science and construction

Discover a variety of materials and explore what we can do with them.

Sensory fun

Sensory activities that help children learn new sensory experiences while nourishing their natural curiosity.

Watch me grow: This service helps families track their young child's growth and development. It's a developmental screening, assessment, referral, and education service for families of young children from birth up to the age of 6 years old. <https://eohu.ca/en/classes-clinics/watch-me-grow>

Yoga for babies

Yoga helps babies develop concentration skills, self-esteem and body awareness using postures and specific exercises.

1,2,3 Let's count!

This numeracy workshop reinforces their skills and allows children to explore concepts through games and activities.