



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 9:00 - 11:00 am Learn Through Play 24 months and under Messy day Activities for Black history month 1:00-2:00 La Ligue La Leche (French) Registration required 2:00-3:00 La Leche League English Registration required	2 9:00 - 11:00 am Learn Through Play Active kids club 12:30- 2:30 Munchkin Registration required	3 9:00 - 11:00 am Learn Through Play Literacy day Activities for Black history month
6 9:00 - 11:00 am Learn Through Play 1,2,3 Let's count! 1:30- 2:30 Loose parts	7 9:00 - 11:00 am Learn Through Play Crazy kitchen Activities for Black history month 12:30 - 2:30 pm Bouts de choux Registration required	8 9:00 - 11:00 am Learn Through Play 24 months and under Baby parachute fun Activities for Black history month	9 9:00 - 11:00 am Learn Through Play Move and grow 12:30- 2:30 Munchkin Registration required 4:30- 6:00 pm Learn Through Play Messy day Registration required	10 9:00 - 11:00 am Learn Through Play House Committee (Members Only)
13 9:00 - 11:00 am Learn Through Play Science and construction Activities for Black history month 1:30- 2:30 Move and grow	14 9:00 - 11:00 am Learn Through Play 1,2,3 Let's count Valentine Day Pink, red and white day 12:30 - 2:30 pm Bouts de choux Registration required	15 9:00 - 11:00 am Learn Through Play Story time at the Rockland Library	16 9:00 - 11:00 am Learn Through Play Make and take Activities for Black history month 12:30- 2:30 Munchkin Registration required	17 9:00 - 11:00 am Learn Through Play Move and grow
20 The Family Centre Closed Family Day	21 9:00 - 11:00 am Learn Through Play Crazy kitchen Activities for Black history month 9:00-10:00 am Introduction to solid foods (English) Catherine Gagnon / Zoom platform, Registration required 12:30 - 2:30 pm Bouts de choux Registration required	22 9:00 - 11:00 am Learn Through Play 24 months and under Sensory fun Activities for Black history month	23 9:00 - 11:00 am Learn Through Play Loose parts 12:30- 2:30 Munchkin Registration required 4:30- 6:00 pm Learn Through Play Reading & recipes	24 9:00 - 11:00 am Learn Through Play Messy day Activities for Black history month
27 9:00 - 11:00 am Learn Through Play Make and take Activities for Black history month 1:00- 2:30 pm CPR Training	28 9:00 - 11:00 am Learn Through Play Science and construction Activities for Black history month 12:30 - 2:30 pm Bouts de choux Registration required		Saturday February 4 9am - 11am Learn Through Play Having fun with science	

February 2022



1,2,3 Let's count!

This numeracy workshop reinforces their skills and allows children to explore concepts through games and activities.

Active kids club

A parent-child workshop to prioritize physical activity.

Baby parachute fun

Come and explore something new, with some parachute fun for baby and you while singing songs and rhymes.

Crazy kitchen

A new way to discover how our kitchen tools can be used to create different games

Having fun with science

A workshop that allows children to learn new scientific experiences while nourishing their natural curiosity.

Learn through play and Learn through play – 24 months and under

Come and have fun with your children while promoting their physical, social, emotional, cognitive and language development. A great opportunity to exchange with other parents and socialize with people from your community.

Literacy day

Children discover the alphabet through fun and interactive activities that stimulate curiosity towards literacy.

Loose parts

Loose parts are materials that can be moved, carried, combined, redesigned, lined up, taken apart and put back together in multiple ways.

Make and take

This children's workshop will let them create a special craft to bring home.

Messy day

It's time to take the paint out and introduce children to different colors!!

Move and grow

Come develop your child's gross motor capabilities through a variety of activities using muscles and motor abilities.

Munchkin

This group workshop offers 3 and 4 year old children the opportunity to acquire the necessary abilities in all aspects of their development.

Sensory fun

Sensory activities that help children learn new sensory experiences while nourishing their natural curiosity.

Science and construction

Discover a variety of materials and explore what we can do with them.

Workshops

February 21 from 9:00 - 11:00 am: Introduction to solid foods(English): By Catherine Gagnon dietitian: Is your baby ready for solid foods? Do you have questions about introducing solids, food allergies or different approaches to weaning? During this virtual workshop hosted by a clinical dietitian, you will learn about complementary feeding and other baby nutrition topics.**Registration required for Zoom link.**