




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>The Rockland Family Centre wishes you all a Happy holiday season and a Happy New Year! The Family Centre will be closed for the holiday season from December 25, 2023 to January 3rd, 2024 inclusively. See you on January 4th, 2024</p>			<p>⁴</p> <p>9:00 - 11:00 am Learn Through Play Loose parts</p>	<p>⁵</p> <p>9:00 - 11:00 am Learn Through Play Sensory fun</p>
<p>⁸</p> <p>9:00 - 11:00 am House Committee</p> <p>12:30 - 2:30 Bouts de choux Registration required</p>	<p>⁹</p> <p>9:00 - 11:00 am Learn Through Play Make and take</p> <p>12:30 - 2:30 Bouts de choux Registration required</p>	<p>¹⁰</p> <p>9:00 -11:00 am Story time at the Rockland Library 2:00–2:30 Ligue La Leche (French) 2:30–3:00 La leche league iEnglish)</p>	<p>¹¹</p> <p>9:00 - 11:00 am Learn Through Play Stir it up in the kitchen</p> <p>12:30-2:30 Munchkin Registration required</p>	<p>¹²</p> <p>9:00 - 11:00 am Learn Through Play 1,2,3 Let's count!</p>
<p>¹⁵</p> <p>9:00 - 11:00 am Learn Through Play 1,2,3 Let's count!</p> <p>12:30 - 2:30 Bouts de choux Registration required</p>	<p>¹⁶</p> <p>9:00 - 11:00 am Learn Through Play Messy day</p> <p>12:30 - 2:30 Bouts de choux Registration required</p>	<p>¹⁷</p> <p>9:00-11:00 am Learn Through Play 24 months and under Crazy kitchen</p>	<p>¹⁸</p> <p>9:00 - 11:00 am Learn Through Play Active kids club</p> <p>12:30 -2:30 Munchkin Registration required</p>	<p>¹⁹</p> <p>9:00 - 11:00 am Learn Through Play Having fun with science</p>
<p>²²</p> <p>9:00 - 11:00 am Developmental screening clinic By appointment only</p> <p>12:30 - 2:30 Bouts de choux Registration required</p>	<p>²³</p> <p>9:00 - 11:00 am Learn Through Play Move and grow</p> <p>12:30 - 2:30 Bouts de choux Registration required</p>	<p>²⁴</p> <p>9:00 -11:00 am Learn Through Play 24 months and under Reading and recipe 9:00 am to 10:00 am Introduction to solid foods (English) Myriam Dagenais / Teams platform, Registration required</p>	<p>²⁵</p> <p>9:00 - 11:00 am Learn Through Play Make and take</p> <p>12:30- 2:30 Munchkin Registration required</p>	<p>²⁶</p> <p>9:00 - 11:00 am Learn Through Play Nursery rhyme time</p>
<p>²⁹</p> <p>9:00 - 11:00 am Learn Through Play Literacy day</p> <p>12:30 - 2:30 Bouts de choux Registration required</p>	<p>³⁰</p> <p>9:00 - 11:00 am Learn Through Play Messy day</p> <p>12:30 - 2:30 Bouts de choux Registration required</p>	<p>³¹</p> <p>9:00 -11:00 am Learn Through Play Sensory Fun</p>		

January 2024



1,2,3 Let's count!

This numeracy workshop reinforces their skills and allows children to explore concepts through games and activities.

Active kids club

A parent-child workshop to prioritize physical activity.

Crazy kitchen

A new way to discover how our kitchen tools can be used to create different games.

Having fun with science

A workshop that allows children to learn new scientific experiences while nourishing their natural curiosity.

Healthy snack

A workshop offered by an educator that includes an activity and a healthy snack. It will be followed by a discussion with parents on how to help children become better eaters.

House committee

Meeting to exchange ideas and suggestions to improve the services offered to families.

Learn through play and Learn through play – 24 months and under

Come and have fun with your children while promoting their physical, social, emotional, cognitive and language development. A great opportunity to exchange with other parents and socialize with people from your community.

Loose parts

Loose parts are materials that can be moved, carried, combined, redesigned, lined up, taken apart and put back together in multiple ways.

Literacy day

Children discover the alphabet through fun and interactive activities that stimulate curiosity towards literacy.

Make and take

This children's workshop will let them create a special craft to bring home.

Messy day

It's time to take the paint out and introduce children to different colors!!

Move and grow

Come develop your child's gross motor capabilities through a variety of activities using muscles and motor abilities.

Munchkin

This group workshop offers 3 and 4 year old children the opportunity to acquire the necessary abilities in all aspects of their development.

Nursery rhyme time

Join this workshop of Songs and Rhymes to please your little ones.

Reading & recipes

Storytelling followed by a recipe.

Sensory fun

Sensory activities that help children learn new sensory experiences while nourishing their natural curiosity.

Stir it up in the kitchen

A kid's cooking workshop that allows them to become familiar with new food and to learn how to follow a recipe.

Workshops

January 10th: 2:00 to 2:30 Ligue La Lèche (French) – 2:30 to 3:00 La leche league in (English)

January 24th from 9:00 to 10:00 am - Introduction to solid foods in English with Myriam Dagenais (Via Team) Registration required.