






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Saturday March 4 9am - 11am Learn Through Play Sensory fun		1 9:00 - 11:00 am Learn Through Play 24 months and under Messy day	2 9:00 - 11:00 am Learn Through Play Move and grow 12:30- 2:30 Munchkin Registration required	3 9:00 - 11:00 am Learn Through Play House Committee (Members Only)
6 9:00 - 11:00 am Learn Through Play Sensory fun 1:30- 2:30 1,2,3 Let's count	7 9:00 - 11:00 am Learn Through Play Literacy Day Special Activity for Women 12:30 - 2:30 pm Bouts de choux Registration required	8 9:00 - 11:00 am Learn Through Play 24 months and under Story time at the Rockland Library 12:30 pm - 2:30 pm En route vers l'école Carrefour Jeunesse	9 9:00 - 11:00 am Learn Through Play 1,2,3 Let's count 12:30- 2:30 Munchkin Registration required 4:30- 6:00 pm Learn Through Play Messy day Registration required	10 9:00 - 11:00 am Learn Through Play Make and take St. Patrick's Day Activity Green day 
<div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: center;"> <p>The Family Centre will be closed from March 13 to March 17 inclusively.</p> <p>We will be back on March 20 2023.</p> </div>  </div>				
20 9:00 - 11:00 am Learn Through Play Move and grow 1:30- 2:30 Make and take	21 9:00 - 11:00 am Learn Through Play Having fun with science 12:30 - 2:30 pm Bouts de choux Registration required	22 9:00 - 11:00 am Learn Through Play 24 months and under Singing birds 12:30 pm - 2:30 pm En route vers l'école Groupe Communautaire	23 9:00 - 11:00 am Learn Through Play Sensory fun 12:30- 2:30 Munchkin Registration required Celebration 4:30- 6:00 pm Learn Through Play Healthy snack Registration required	24 9:00 - 11:00 am Learn Through Play Messy day
27 9:00 - 11:00 am Learn Through Play Crazy kitchen 1:30- 2:30 Learn Through Play Messy day	28 9:00 - 11:00 am Learn Through Play Make and Take 12:30 - 2:30 pm Bouts de choux Registration required Celebration	29 9:00 - 11:00 am Learn Through Play 24 months and under Yoga for babies 9:00-10:00 am Introduction to solid foods (french) Catherine Gagnon / Zoom platform, Registration required 12:30 pm - 2:30 pm Off to School We Go Community group	30 9:00 - 11:00 am Learn Through Play Literacy Day	31 9:00 - 11:00 am Learn Through Play 1,2,3 Let's count

March 2023



Crazy kitchen

A new way to discover how our kitchen tools can be used to create different games.

Having fun with Science

A workshop that allows children to learn scientific experience while nourishing their natural curiosity.

Learn through play – 24 months and under

Come and have fun with your children while promoting their physical, social, emotional, cognitive and language development. A great opportunity to exchange with other parents and socialize with people from your community.

Literacy day

Children discover the alphabet through fun and interactive activities that stimulate curiosity towards literacy.

Make and take

This children's workshop will let them create a special craft to bring home.

Messy day

It's time to take the paint out and introduce children to different colors

Move and grow

Come develop your child's gross motor capabilities through a variety of activities using muscles and motor abilities.

Munchkin

This group workshop offers 3 and 4 year old children the opportunity to acquire the necessary abilities in all aspects of their development.

Sensory fun

Sensory activities that help children learn new sensory experiences while nourishing their natural curiosity.

Singing birds

This animation workshop exposes children to different songs that stimulate the five aspects of child development.

Yoga for babies

Yoga helps babies develop concentration skills, self-esteem and body awareness using postures and specific exercises.

1,2,3 Let's count!

This numeracy workshop reinforces their skills and allows children to explore concepts through games and activities.

Workshop

March 29 from 9:00 - 11:00 am: Introduction to solid foods(French): By Catherine Gagnon dietitian: Is your baby ready for solid foods? Do you have questions about introducing solids, food allergies or different approaches to weaning? During this virtual workshop hosted by a clinical dietitian, you will learn about complementary feeding and other baby nutrition topics.**Registration required for Zoom link.**