



MONDAY	TUESDAY	WEDNESDAY 	THURSDAY	FRIDAY
<p><b>2</b></p> <p><b>Family Centre Closed Labor Day</b></p>	<p><b>3</b></p> <p>9:00 – 11:00 am Learn Through Play Move and grow</p>	<p><b>4</b></p> <p>9:30-11:30 am / 1:00-2:30 pm Learn Through Play 24 months and under Watch me grow 10:15 am Baby's Corner/Nursery Rhyme Time 1:30 to 2:30 Go Baby Go</p>	<p><b>5</b></p> <p>9:00 - 11:00 am Learn Through Play Youth Developmental Services</p>	<p><b>6</b></p> <p>9:00 - 11:00 am Learn Through Play Messy Day</p>
<p><b>9</b></p> <p>9:00 -11:00 am House Committee All are welcome! 12:30-2:30 pm Munchkin</p>	<p><b>10</b></p> <p>9:00 – 11:00 am Learn Through Play Move and grow 12:30-2:30 Bouts de chou Evening 6:15 - 7:30 Goodnight Moon</p>	<p><b>11</b></p> <p>9:30-11:30 am / 1:00-2:30 pm Learn Through Play 24 months and under Watch me grow 10:15 am Baby's Corner/Nursery Rhyme Time 1:30 to 2:30 Go Baby Go</p>	<p><b>12</b></p> <p>9:00 - 11:00 am Learn Through Play Youth Developmental Services 12:30-2:30 Bouts de chou</p>	<p><b>13</b></p> <p><b>Outing at L'Artisan Farm Orchard Registration and payment required in person</b></p>
<p><b>16</b></p> <p>9:00 - 11:00 am Learn Through Play Sensory activity 12:30-2:30 pm Munchkin</p>	<p><b>17</b></p> <p>9:00 - 11:00 am Learn Through Play Move and grow  12:30-2:30 Bouts de chou</p>	<p><b>18</b></p> <p>9:30-11:30 am / 1:00-2:30 pm Learn Through Play 24 months and under Watch me grow 10:15 am Baby's Corner/Nursery Rhyme Time 1:00-2:00 pm (French) 2:00-3:00 pm (English) La Leche League meeting/breastfeeding support</p>	<p><b>19</b></p> <p>9:00 - 11:00 am Learn Through Play Youth Developmental Services <b>10 - 11 am Triple P Workshop Toilet Training</b> 12:30-2:30 Bouts de chou</p>	<p><b>20</b></p> <p>9:00 - 11:00 am Learn Through Play Messy Day</p>
<p><b>23</b></p> <p>9:00 - 11:00 am Learn Through Play Sensory activity 12:30-2:30 pm Munchkin</p>	<p><b>24</b></p> <p>9:00 – 11:00 am Learn Through Play Move and grow 12:30-2:30 Bouts de chou Evening 6:15 - 7:30 Goodnight Moon</p>	<p><b>25</b></p> <p>9:30-11:30 am / 1:00-2:30 pm Learn Through Play 24 months and under Watch me grow 10:15 am Baby's Corner/Nursery Rhyme Time 1:30 to 2:30 Go Baby Go</p>	<p><b>26</b></p> <p>9:00 - 11:00 am Learn Through Play Youth Developmental Services 12:30-2:30 Bouts de chou</p>	<p><b>27</b></p> <p>9:00 - 11:00 am Learn Through Play Messy Day</p>
<p><b>30</b></p> <p>9:00 - 11:00 am Learn Through Play Sensory activity 12:30-2:30 pm Munchkin</p>			<p><b>Saturday September 7th 9:00 to 11:00 am Playgroup for the family</b></p>	

## September 2019



### **Baby's corner**

Suggestions will be given to help with your baby's ability to learn.

### **Go baby go**

Come and enjoy simple activities with your baby, participate in group discussions on your child's development and sing a few songs. This workshop is offered to children from birth to 12 months.

### **Goodnight moon**

Early Childhood Literacy Animation Workshop in pyjamas. (evening)

### **House committee**

Meeting to exchange ideas and suggestions to improve the services offered to families.

### **Learn through play and Learn through play – 24 months and under**

Come and have fun with your children while promoting their social, emotional, language, cognitive and physical-gross motor-fine motor development. A great opportunity to exchange with other parents and socialize with people from your community.

### **Messy day**

It's time to take the paint out and initiate children to different colours!!

### **Move and grow**

Come develop your child's gross motor capabilities through a variety of activities using muscles and motor abilities.

### **Munchkin**

This school readiness Family Animation Workshop offers 3 and 4 years old the opportunity to acquire the necessary abilities in all aspects of their development to facilitate the transition to school.

### **Nursery rhyme time**

Join this workshop of Songs and Rhymes to please your little ones.

### **Sensory Fun**

Sensory activities that help children learn new sensory experiences while nourishing their natural curiosity.

### **Watch me grow**

An informal drop-in centre for parents of children under the age of 6. Come meet other parents and receive free information and support that will help make parenting easier. A Public Health Nurse is available. [https://www.eohu.ca/classes\\_clinics/watch\\_me\\_grow\\_e.php](https://www.eohu.ca/classes_clinics/watch_me_grow_e.php)

### **Youth developmental services**

A workshop that aims to enrich and improve the quality of life and living conditions for children from birth and young adults up to 17 who are at risk or with intellectual disabilities so they can progress intellectually, physically and socially in cooperation with their family and service providers in their community.

## **Workshops and Outing**

**September 13 at 10:00: Outing at L'Artisan Farm Orchard:** Registration and payment required in person

**September 18: La Leche League meeting/breastfeeding support** .Anytime is a good time to come to La Leche League meeting breastfeeding support – when pregnant, with a new baby or toddler, when getting ready to go back to work, or when wanting to wean. [llc.ca/Rockland](http://llc.ca/Rockland)

**September 19: Triple P Workshop: Toilet Training**